

2019 Novel Coronavirus [COVID-19] Rock the Rebound Idaho



Recommended Guidance for Individuals, Business and Community Organizations

Purpose

Public Health—Idaho North Central District, Nez Perce County and the City of Lewiston support Governor Little's [Guidelines for Opening Up Idaho](#) and encourage our business partners to create, prepare and implement plans to re-open.

We encourage all businesses and other institutions to review and abide by the guidelines so we can continue to flatten the curve and we can re-open together. The following guidance for businesses is to assist with building their own plans for ensuring the safety of employees and patrons.

Plan Activation Process:

When deciding how to activate and make changes to your plan, consider the following:

- Criteria that must be met for the state to move to the next Stage.
- Specific employer guidelines and protocols for each stage.
- Which decision makers in your business should be involved?
- What event(s) should trigger action?
- What procedures should be used to activate or deactivate your plan?
- How can you efficiently and effectively transfer business knowledge to key employees?
- When you deactivate your plan, how can you most effectively reintegrate who have been absent?
- Prepare to work with local health officials when answering these questions.

Determine how you will relay information about your operations to employees and business partners.

Individuals:

Key to making progress will require consistency in the following basic practices of social hygiene.

- **Wash hands** with soap and water regularly or sanitize hands regularly
- Engage in physical distancing.
- Wear face coverings in public places when social distancing can't be followed.
- Stay home if sick.
- Practice good hand hygiene.
- Cover coughs and sneezes.
- Disinfect surfaces and objects regularly.
- In public places minimize use of your phone to re-

duce contamination.

- Pre-plan trips and identify what items are needed to minimize contamination.

We encourage citizens to check on their friends and neighbors by calling, using social media, texting, or chatting with them over the fence. If needed people can contact their local law enforcement through their business lines and ask for a wellness check for those you may be concerned about.

How to Protect Yourself & Others:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

How to Make Your Own Cloth Face Covering:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

Protocols for Daycares and Childcare: <https://rebound.idaho.gov/wp-content/uploads/2020/04/stage1-protocols-childcare.pdf>

Protocols for Youth Activities: <https://rebound.idaho.gov/wp-content/uploads/2020/04/stage1-protocols-youth.pdf>

Employers:

We must continue with community interventions to continue to slow the spread of COVID-19. This includes following the latest best practices and recommended guidelines to protect employees and others.

Employers should continue to:

- Provide and encourage frequent handwashing.
- Maintain the six-foot physical distancing requirements for employees and patrons.
- Provide adequate sanitation and personal hygiene opportunities for employees, vendors, and patrons.
- Ensure frequent disinfection of the business as well as regular cleaning, especially of high-touch surfaces.
- Identify how personal use items such as masks, face coverings, and gloves may be required by employees, vendors, and/or customers.
- Provide services while limiting close interactions with patrons.
- Restrict non-essential business travel.
- Identify strategies for addressing ill employees. This should include requiring COVID-19 positive employees to stay at home while infectious, and may include keeping employees who were directly exposed to the COVID-19 positive employee away from the workplace. Close the business until the location can be properly disinfected.
- On a case-by-case basis, include other practices appropriate for specific types of businesses, such as screening of employees for illness and exposures upon work entry, requiring non-cash transactions,

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Recommendations for individuals, businesses and other community organizations

etc.

Additional criteria and protocols may be provided for each stage. <https://www.idahopublichealth.com/district2/coronavirus/Stage1BusinessProtocols0423-03.pdf>

Best Practices and strategies may include:

- Provide hand sanitizer stations for employees and customers entering and exiting your establishment.
- Place posters at entrances and in break rooms recommending best practices for good social hygiene.
- Share information on how employees can protect themselves.
- Limit the number of patrons in your business based on square footage of your business.
- Regularly screen employees, monitor their health and encourage daily self-checks for [Covid-19 symptoms](#).
- Ask employees to stay home when sick and ensure sick leave policies are in place.
- Use sneeze guards and other protections when close interactions cannot be avoided.
- Utilize signs and taped markings to designate distancing areas for customer lines.
- Use 'by appointment' scheduling to reduce foot traffic.
- Consider flexible schedules, telecommuting and flexible worksites to maintain physical distancing.

Places of Worship:

Stage 1 of *Rebound Idaho* provides for places of worship to reopen under strict physical distancing, sanitation protocol and CDC guidance.

Please review **Protocols for Places of Worship** document at the Rebound Idaho site:

<https://rebound.idaho.gov/wp-content/uploads/2020/04/stage1-protocols-worship.pdf>

We emphasize the points made in the above guidance.

- Ensure attendees can sanitize or wash hands as they enter the building.
- Religious leaders should frequently wash their hands.
- Clean surfaces that are frequently touched – such as shared desks, countertops, electronics, and door-knobs.
- Determine how to conduct services while limiting close interactions.
- Have areas and barriers to promote social distancing
- Consider on-line collections of donations, mail, or a collection box at the entrance.
- Consider modifying practices to limit contacts, such as the practice of communion.

City and county staff can assist you with calculations to help maintain social distancing according to your square footage and building occupancy for religious services .

Other Employers:

Employers and businesses that have high contact interactions will have other criteria and protocols to follow in the Guidelines for Opening Up Idaho. These businesses and services include: senior living centers, congregate facilities and jails; healthcare providers; nightclubs and bars; restaurants; indoor gyms; hair salons; large venues; and daycares. As certain criteria are met gateways to the next stage will be announced allowing for more businesses to open under recommended guidelines and strategies.

Some of these businesses may continue to operate in a limited manner using options such as drive-up windows, curbside pickup or delivery.

Some precautions to consider in your plans to open:

- Have staff frequently wash hands/use sanitizer in between interactions.
- Utilize gloves and cloth face coverings when unable to maintain social distancing.
- Handle payments with online transactions or have the customer insert their card into the card reader.
- Consider emailing receipts.
- Have staff distribute single-use items: napkins, straws, utensils and condiments.
- Designate a specific employee to handle transactions or other tasks to conserve PPE and interactions.
- If using gloves they should be exchanged/sanitized in between interactions or tasks.

<https://www.cdc.gov/vhf/ebola/pdf/poster-how-to-remove-gloves.pdf>

We are working with other civic partners to assist as our community works to reopen and will continue to provide guidelines and other best practices to support our regions efforts to Rebound Idaho!

Helpful Links:

Rebound Idaho: <https://rebound.idaho.gov/>

State of Idaho: <https://coronavirus.idaho.gov/>

Public Health: <https://idahopublichealth.com/>

City of Lewiston: <https://www.cityoflewiston.org/coronavirus>

Nez Perce County: <https://www.co.nezperce.id.us/Home/COVID-19>

LC Valley Chamber: <http://www.lcvalleychamber.org/>

Twin River United Way: <https://tcuw.org/>

Nez Perce Tribe: <https://www.nezperce.org/coronavirus-covid-19-updates/>

